# **Family Resource Centers**

An educational program of Cornell Cooperative Extension of Tioga County



## **PS...It Works!**

\*Open to all parents and caregivers of children ages 2-18 yrs

\*Learn and practice 5 essential communication skills to strengthen your parenting in this 8-week virtual series

\*No cost to attend

Tuesdays January 5<sup>th</sup> - February 23<sup>rd</sup> 5:30-7:30 pm

Classes held via Zoom video conferencing

Please register before January 4<sup>th</sup> Contact: Joan Shultz jes49@cornell.edu For more information on any of our activities or to obtain links to our virtual programming: feel free to message us on Face book or email either Donna or Joan.

Our Play spaces and in-person programming are currently limited due to COVID-19. Please join us for Virtual Talk Times and Family Activity Videos. To participate contact jes49@cornell.edu

- Formal and Informal parenting workshops
- Parent-child activities
- Resource referral

Parents, Grandparents, and other Caregivers participate with the young children in their care. Please contact the local Family Resource Center if you have special needs.

You can find FRC information online at:

tioga.cce.cornell.edu

facebook.com/FRCTioga

For changes to our emailing list please call 687-4020 or email mew58@cornell.edu

The Family Resource Centers in Tioga County are funded, in part, through a federal grant administered by the New York State Children and Family Trust Fund, a program of the NYS Office of Children and Family Services.

Other funders include Tioga County Department of Social Services, Tioga County Youth Bureau, Floyd Hooker Foundation, Waverly Community Chest, and Cornell Cooperative Extension of Tioga County.



# January 2021

### Tioga County Family Resource Centers

Contacts: Joan Shultz jes49@cornell.edu

Donna Gibson dlv22@cornell.edu

#### Find Us:

http://tioga.cce.cornell.edu/ https://www.facebook.com/FRCTioga/



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1		
3	4	5	6	7	8		
	<b>11 am</b> <b>Magic Years</b> Virtual Parenting Class	10:30 am Virtual Storytime	11 am Berkshire Library	11:30 am - 1 pm Grab & Go Bags Waverly Library			
					Find Us: Berkshire Free Library		
10	11	12	13	14	12519 NY-38, Berkshire		
	6 pm Cooking Matters	10:30 am Virtual Storytime 10:30-11:30 am	11 am Berkshire Library	1 pm Virtual Parent Advisory Committee	<b>Waverly Free Library,</b> 18 Elizabeth Street, Waverly <b>Catholic Charities</b> 139 Roki Blvd, Nichols		
		Grab & Go Bags Catholic Charities					
17	18	10	20	21	Waverly Christian & Missionary Alliance Church 135 Chemung Street, Waverl For help finding us Virtually, please email:		
	CLOSED	10:30 am Virtual Storytime	11 am Berkshire Library	1 pm Virtual Talk Time: <i>Indoor Activity Ideas</i>			
24	25	26	27	28	jes49@cornell.edu or dlv22@cornell.edu		
	6 pm Cooking Matters	10:30 am Virtual Storytime 10:30-11:30 am Grab & Go Bags Catholic Charities	11 am Berkshire Library	11:30 am - 1 pm Grab & Go Bags Christian & Missionary Alliance Church			

• Please email with any questions or for more information.